Level 3 VAULT
P. 29, First line. Add after: (Waist Height) “Plus or minus up to 8 inches of skill cushion.”

P. 29 Under “Hand Contact and Roll Phase” add new # 3:
3. Front or top of head contacts mat during the roll phase Up to 0.50
Change #10 to:
11. Insufficient tuck Up to 0.20 Up to 2.00
(Maximum 2.00 - Roll with extended body/legs to land in flat lying position)
Add # 13 & 14
13. Pushing with hands on mat to arrive in a squat position 0.50
14. Roll to kneel without passing through a tuck stand 1.00
Add #7 under General
7. Lack of continuity during roll Up to 0.50

Level 4 VAULT p. 30 General Deductions. Add a bullet under #11
• A fall on the run-approach is a Balk – no deduction

p. 31 Support Phase add a bullet after #6
• Staggered hand placement: one inside zone, one out 0.20

Level 5/6 VAULT p. 32 add # 12 & 13
12. Coach standing between board and vault table No Deduction
13. Performing vault without signal from Chief Judge

p. 33 Second Flight add (…)to # 2
1. Insufficient distance (consider size of gymnast, overall trajectory, where hands contact table and where feet land) Up to 0.30

Level 2 UNEVEN BARS, p. 35 Add to bottom of page
Examples of unusual circumstances regarding the dismount:

a. Gymnast casts and pushes away to jump to the mat (Level 1 dismount) and does not repeat (Substitution 0.80x2) 1.60
b. Gymnast casts, straddles legs but never makes contact with feet on bar but continues with underswing to land the dismount (incomplete element) 0.40
c. Gymnast casts back, jumps to the mat with no attempt to straddle. Coach lifts gymnast to bar, assisting in establishing a straddle stand; gymnast completes the dismount 0.50 Fall + 0.40 Incomplete Element No deduction for coach lifting gymnast to the bar.

Level 3 UNEVEN BARS, p. 36 Forward Stride Circle, add new #1 & #3
1. Failure to simultaneously change both hands to reverse grip 0.20
3. Failure to maintain reverse grip (hands completely release bar instead of shifting wrists) 0.30

Level 4 UNEVEN BARS, p. 38 Mount, add
5. Performs a glide backswing with legs straddled 0.20
8. Failure to contact mat with feet following glide backswing 0.20
P. 38 Front Hip Circle, add #
2. Release of hands to grab legs during circle (changing element) .......... 0.60
P. 38 Forward Stride Circle, add new # 1 & # 3, Add words to new # 4
1. Failure to simultaneously change both hands to reverse grip ............. 0.20
3. Failure to maintain reverse grip (hands completely release bar instead of shifting wrists) .............................................................. 0.30
4. Hooking knee on the bar “on the upswing” to complete circle .......... 0.50
P. 38, Single Leg Backward, add #2
2. Failure to perform a “cutting” action (substitution 0.40x2) .................... 0.80

Level 5 UNEVEN BARS, p. 40, Front Hip Circle, add #2
2. Release of hands to grab legs during circle ......................................... 0.60
P. 40, Cast, Squat/Pike On, add #3 & # 4
3. Performs a sole circle after the squat or pike on ................................. 0.30
4. Performs a straddle on instead of squat or pike on ............................ 0.20

Level 5/6 UNEVEN BARS
P. 41, 1st Counterswing, #4
P. 41, 2nd Counterswing #5
P. 43, 1st Counterswing #5
P. 43 2nd Counterswing, #5

Delete: “with rounded hip angle”
Change the next line (#5 or #6) and what follows to:

P. 5/6. Failure to show a rounded hip angle with the feet below the hips during the counterswing (upswing)
   ● Hips extended in line with the feet at horizontal ............................... 0.20
   ● Body arched (flaired) with the feet higher than the hips.................... 0.30
6/7. Failure to maintain hollow body position until feet pass the low bar in the downward-forward swing of the tap swing forward (early tap) ........ Up to 0.20

Level 6 UNEVEN BARS, P. 42, Cast, Squat/Pike On or Back Sole Cir., add #3&4
3. Performs more than one sole circle (adding element) ......................... 0.30
4. Performs a straddle on ........................................................................ 0.20
P. 43, 2nd Counterswing, change word:
4. Hips not level with the height bar (at horizontal) ............................... Up to 0.20
P. 44, Tuck Flyaway/Pike Flyaway, change 135° to 90° under both dismounts
   1. Insufficient bend of hips /legs (minimum 135° 90°) ......................... Each Up to 0.20

Levels 4, 5, 6 BALANCE BEAM
Increase time limit by 5 seconds
P. 48 (L-4 BB) Time Limit: 50 55 Seconds Warning: 40 45 Seconds
P. 50 (L-5 BB) Time Limit: 1:05 1:10 Warning: 1:00 1:05
P. 52 (L-6 BB) Time Limit: 1:10 1:15 Warning: 1:05 1:10
P. 49, 51 & 54, Add statement at the bottom of the page:
   If the coach aids the gymnast in the completion of the element by pushing her over from the handstand position, deduct 0.50 for the spot plus Element Value.

Levels 1, 2, 3 FLOOR EXERCISE
P. 55 Center of page. Change “Bridge” (0.60) to “Crab Stand” (0.60)
   Change #3. Incorrect hand placement ................................................ 0.10
3. Insufficient opening of the hips (parallel) ................................. Up to 0.20
P. 56 2nd Element. Change Headstand to Kneel, “Arch Back” (0.40) to Headstand to Kneel, “Hinge” (0.40)
   Change #2: Failure to keep hips extended and pushed forward on arch back “on hinge” .................................................. Up to 0.20
P. 58 4th Element. Change *Backbend Kick-Over (0.60) to **Push Up to Bridge” Kick-Over (0.60)
Delete # 1 & 2
1. Failure to maintain arms next to ears and focus on hands ........ Up to 0.10
2. Lack of control into backbend ......................................................... Up to 0.10

Level 4 FLOOR EXERCISE
P. 61, Backward Roll to Push-Up Position, add #3
3. Performs a back roll to handstand (within 20° of vertical) ................. 0.60